



Week 1
19 - 23 October 2020

BREATH

Antony Kaminju	Finding Breath Under Lockdown	Monday 19 October 2020
Beth Vale	Karoo Sanatorium: a speculative fiction based on many true stories'	Tuesday 20 October 2020
Breathe In		
Antonia Pont	Breath's Times: Stillness, Waiting, Intentionality	Tuesday 20 October 2020 13:00 - 14:30
Gcobani Qambela	Breathing Through the Wounds: Senses, Pleasure and Intimacies in the Lives of amaXhosa Men and Boys in a Rural and Peri-Urban Context	
Jess Auerbach	The Air of Ethnography: breath, work and class in a small Angolan city	
Workshop		
Firdose Moonda	"I can't breathe," - The Triad of Pandemics Facing us in 2010	Wednesday 21 October 2020 13:00 - 15:00
Breathe Out		
Deirdre Blackie (Dee)	A sense of breath - autism and boxing	Wednesday 21 October 2020 15:00 - 16:30
Mia Jansen van Rensburg	On breathing, PPE, and other inconveniences	
Kasuzi C. Mbaluko	Conceptions on breathing in Malawi: Inspiring and Expiring	Thursday 22 October 2020
Upile Chisala	The Healing Journey and Poetry	
Workshop		
Michal George	Gateways to Presence (Mindfulness in the time of Covid)	Thursday 22 October 2020 10:00 - 12:00
Bongi Bengu	The Healing power of breath and meditation visualised	Friday 23 October 2020
Renee van der Wiel	Resuscitation fascination: Ethnographic reflections with Covid19 recalibration	

Week 2
26 Oct - 1 Nov 2020

INSPIRE

Gabriela Carolus	Hou jou bék	Monday 26 October 2020
Natasha Kannemeyer	The Lockdown: Community Experiences	
Victoria Hume	The Singing Hospital	Tuesday 27 October 2020
Sara Matchett	Breath(e)sense	
Workshop		
Siân Williams	Integrating dance to enrich breathing rehabilitation globally	Wednesday 28 October 2020 10:00 - 12:00
Transformative Breath		
Ana Laura Funes	The Power of Shared Breath	Wednesday 28 October 2020 13:00 - 14:30
Arthur Rose	Refiguring Breath in the Early Post-Apartheid	
Giuseppe Capalbo	"I would wake up choking, unable to breathe": Breathing and Breathlessness in Louise DeSalvo's 'Breathless: An Asthma Journal'	
Life-Breath		
Melusi Mntungwa	"Breathing into Song": Healing the invisible wound, an exploration of select the works by Simphiwe Dana	Wednesday 28 October 2020 15:00 - 16:30
Steve Reid	Breathing and Singing through COVID-19	
Neusa Torres	Upper respiratory tract infection and the practice of Self-Medication with antibiotics	Thursday 29 October 2020
Naledi Holtman	Compositions for the Breaths We Take - Video-series	
Keynote Lecture		
Ela Manga	The Art and Science of Conscious Breathing	Friday 30 October 2020 15:00 - 16:00
Boipelo Khunou	DIPHUKA	Friday 30 October 2020
Hermann Reuter	Reading of book extract: "Get Up! Pick Up Your Mat and Toyi-Toyi" - A Country Living with HIV	
Chisomo Kalinga	Songs and Stories as the Key of Life: Understanding the role of narrative in inspiring health	

Week 3
2 - 8 November 2020

EXPIRE

Elthéa De Ruiters	ASPIRATION : A Diffractive Performance	
Malika Ndlovu	COMING UP FOR AIR	
Tessa Ware	Infused with me': Interviews with Swati singers on singing and the breath	Monday 2 November 2020
Makhosazana Xaba	TBA	
Neil Overy	Breathing in Zones of Dissonance: Cape Town, Koeberg and Nuclearity	
Workshop		
Cressida Bowyer, Megan Wainwright, et al.	Music and Digital Storytelling as both Methods and Outputs for Research and Action on Air Pollution	Wednesday 4 November 2020 10:00 - 12:00
Exhalation		
Charne Lavery	Breathing Underwater	
Garret Barnwell	When breath leads to justice: place and environmental-health related psychological distress.	Wednesday 4 November 2020 13:00 - 14:30
Anastasia Koch	Ehwoza: arts and science to engage young people around infectious disease	
Gasping		
Mutsawashe Mutendi	"Ndibile": Unpacking narratives of breathing in dust underground in South African Mines	
Salimah Valiani	Oxygen and suffocation in South Africa's Health System	Wednesday 4 November 2020 15:00 - 16:30
Sozita Goudouna	Breathe – Breathe Again . . .Breathe Better: Investigating the "Politics of Respiration"	
Workshop		
Billy Carr	Oxygen Advantage	Thursday 5 November 2020 10:00 - 12:00
Marissa Mika	California Burning	
Dirk Bahmann	Inhale – exhale (Axis Mundi)	Thursday 5 November 2020
Joe Turpin	Paintings in the theme of Breathing, BREAD OF MY AFFLICTION 2019 – Diptych	
Lindsey Reynolds	Young People, Mental Health and COVID	Friday 6 November 2020
Nixon Malamulo	Imagination power	

Week 4
9 - 13 November 2020

PAUSE

Naledi Mokoena	The Dance of Breath and Death	Monday 9 November 2020
Khulile Nxumalo	FayaWaNaledi (Fire of Naledi)	
Ziyanda Majombozi	"Ndiphefumla Ngenxeba": Experiences of Mothering in a Pandemic	
Angelique Thomas	Sneezing bullets/ Breathing in this lifetime- a letter to my little people	Tuesday 10 November 2020
Nosipho Mngomezulu	Hold for sixty, none, two and seven: a recipe for disaster management	
Lebohang Masango	10 000 Stories	Wednesday 11 November 2020
Workshop		
Deirdre Blackie (Dee)	Exhale challenges/Inhale empowerment	Wednesday 11 November 2020 10:00 - 12:00
Loss of Breath		
Megan Wainwright	Policy and practice of home oxygen therapy in public and private health care – case studies from South Africa and Uruguay	
Leslie Swartz	My mother's lungs	Wednesday 11 November 2020 13:00 - 14:30
Kate Binnie	Breath-Body-Mind integration	
Lenart Škof	From breath to respiratory philosophy	
Suffocation		
Motlatsi Khosi	Breathing through the noise: The illustration and practice of Critical race theory	
Divine Fuh	Nerds, Bullies and Nannies: Breathing care into the post covid-19 university	Wednesday 11 November 2020 15:00 - 16:30
Angelo Fick	Breath, Eyes, Public Memory: representing the basic elements of life in a time of crisis	
Desiree Lewis	Food Breath and the Anthropocene	
Keynote Lecture		
Jane Macnaughton	'The breath of degradation': why is breathlessness invisible?	Thursday 12 November 2020 16:30 - 17:30
Ilze Mari Wessels	WOM{B}_NIFESTOS	
Stacy Hardy	Fragments and notes towards dancing the body as an archive	Thursday 12 November 2020
Matthew Hahn	Tupumue / Let Us Breathe	
Antony Kaminju	Lockdown Diaries	Friday 13 November 2020
Dananayi Muwanigwa	TBA	